

# HOT HEAD<sup>®</sup>

## BURRITOS

### NUTRITIONAL INFORMATION

Below is quick look at the nutritional information for our Burritos and Bowls. For more detailed information, please download our Nutritional Analysis PDF below.

	Calories	Carbs	Protein	Fat	Cholesterol	T-Fat	Sodium
<b>BURRITOS</b>	680-766	95-108g	29-40g	15-28g	0-61mg	0	1312-1935mg
<b>BOWL</b>	329-456	43-46g	13-31g	7-21g	0-80mg	0	642-1552-mg

\* Information is based on burritos and bowls listed above have the following items and/or toppings on them: Choice of Meat or Vegetarian, Tortilla or Bowl, Rice, Black beans, Pico, and Lettuce.

#### STEP 1: WHAT'S YOUR STYLE

**BURRITO**  
**L'I'L BURRITO**  
**N-A-BOWL**  
**L'I'L BOWL**  
**TACOS (HARD OR SOFT)**  
**NACHOS**

#### LIMITED TOPPING OPTIONS

**TACO SALAD**  
**QUESADILLA**  
**DELUXE QUESADILLA**

#### VEGETARIAN ITEMS

**VEGETARIAN BURRITOS**  
**VEGETARIAN BOWL**  
**CHEESE QUESADILLA**

#### KIDS MEAL 12 AND UNDER

Includes Small Drink and Cookie

#1 TACOS(2)      #3 CHEESE QUESADILLA  
 #2 KIDS NACHOS      #4 L'I'L BOWL

#### STEP 2: PICK YOUR PROTEIN

**STEAK**  
**CHICKEN**  
**PORK**  
**SPICY CHICKEN**  
**SPICY STEAK**  
**GROUND BEEF**

#### STEP 3: ADD SOME FIBER

**RICE**  
**BEANS (BLACK OR PINTO)**

#### STEP 4: CHOOSE A SALSA

**PICO (MILD)**  
**CORN (MEDIUM)**  
**VERDE (MEDIUM)**  
**WILD (HOT)**

#### STEP 5: CHOOSE A PEPPER

**BANANA PEPPERS (MILD)**  
**JALAPENOS (HOT)**

#### STEP 6: CHOOSE A SAUCE

**SIGNATURE SAUCES**  
**HOT HEAD SAUCE**  
**SPICY SAUCE**  
**SWEET HABANERO**  
**EXTREME HABANERO**  
**STRAIGHT HABANERO**

#### OTHER SAUCES

**CHOLULA, BBQ, BUFFALO, RANCH,  
 TABASCO RED, GREEN & CHIPOLTE**

#### STEP 7: TOP IT OFF

**ONIONS, SOUR CREAM, LETTUCE  
 AND CHEDDAR OR JACK CHEESE**

#### SIDES

**CHIPS AND SALSA, GUACAMOLE,  
 QUESO, CRISPY STRIPS, PINEAPPLE,  
 SOUR CREAM, HOT HEAD SAUCE**

**CHOCOLATE CHIP COOKIES**  
 INDIVIDUAL OR PACKS OF 3